

Product Features - Slim Me

Detox & Wellness

- Reset your body, restore your energy, and kickstart your wellness journey with Slim Me's Detox & Wellness Package.
- This professionally designed programme supports natural detoxification, reduces water retention, and helps you feel lighter, healthier, and more confident, perfect after the festive season.
- Ideal for anyone experiencing bloating, fatigue, stubborn water retention, or post-holiday weight gain, this package combines advanced infrared therapy, manual lymphatic drainage, and personalised body analysis to encourage the release of excess fluids, support metabolism, and rebalance your body from the inside out.
- InBody Scan:
 - Go beyond the scale with a comprehensive body composition analysis.
 - In just 45 seconds, the InBody analyser measures weight, body fat, body water, and segmental muscle mass, helping you understand your body, track progress, and tailor the most effective treatments to your needs.
- Infrared Therapy (FIR Sauna Dome):
 - Also known as Deep Heat Therapy, this treatment detoxifies the body at a cellular level, boosts metabolism, and can burn up to 600 calories in just 30 minutes.
 - As your body works to cool itself, heart rate and metabolic rate increase, helping flush fat and toxins through the lymphatic system for effective slimming and healing.
- Manual Lymphatic Drainage:
 - This gentle massage supports your immune system by encouraging the movement of lymph fluid, reducing swelling and bloating, removing waste, and returning excess fluids back into circulation, leaving you feeling lighter and refreshed.

Weight Loss Starter

- This package is recommended if you want to detox and start your weight loss journey.
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 - As your body works to cool itself, heart rate and metabolic rate increase, helping flush fat and toxins through the lymphatic system for effective slimming and healing.

- LipoLaser:
 - A non-invasive, pain-free alternative to liposuction that targets stubborn fat areas resistant to diet and exercise.
 - LipoLaser works by breaking down fat cells and helping reduce the appearance of cellulite, with no downtime and visible results after just one treatment. Suitable for all skin types and both men and women.
- Manual Lymphatic Drainage:
 - This gentle massage supports your immune system by encouraging the movement of lymph fluid, reducing swelling and bloating, removing waste, and returning excess fluids back into circulation, leaving you feeling lighter and refreshed.

Fat Loss Activator Slimming Package

- This package is recommended if you want to lose 5kg.
- This package is ideal for anyone wanting to lose 5kg or more.
- Focuses on safe, sustainable weight loss through guided nutrition, advanced slimming treatments, and ongoing support, helping you not just lose weight, but build healthier habits for life.
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- Infrared Therapy (FIR Sauna Dome):
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Body Firming & Toning

- Tighten and firm your body by activating your metabolism and lymphatic activity.
- This package is recommended if you want to lose 1-5kg and improve muscle tone.
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- Infrared Therapy (FIR Sauna Dome):
 - Also known as Deep Heat Therapy, this treatment detoxifies the body at a cellular level, boosts metabolism, and can burn up to 600 calories in just 30 minutes.
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- Faradic (EMS) Treatment:
 - Faradic treatment or electrical muscle stimulation (EMS) uses the application of electrical pulses, which are applied on the body to stimulate the muscles to contract, resulting in a tightening and toning effect.
 - This is referred to as “passive exercise”.
 - The muscles will contract at regular intervals as selected by the therapist

Rapid Fat Loss

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Body Shape Changer

- This package is recommended if you want to lose 10-15 kg
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 - Also known as Deep Heat Therapy, this treatment detoxifies the body at a cellular level, boosts metabolism, and can burn up to 600 calories in just 30 minutes.
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True Lifestyle Changer

- If you're ready to lose 15kg+ and feel like yourself again, this package is for you.
- Our TRUE LIFESTYLE CHANGER program supports real, long-lasting weight loss through a balanced meal plan, targeted slimming treatments, and personalised coaching, helping you transform your body and lifestyle, safely and confidently.
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- Infrared Therapy (FIR Sauna Dome):

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